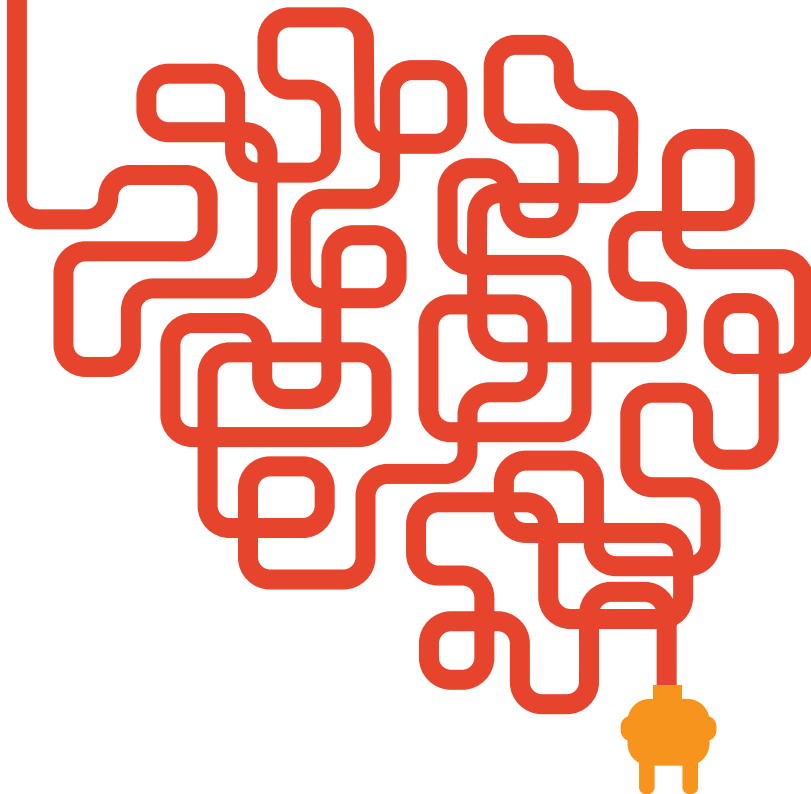
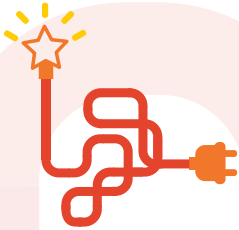




# STAR ACADEMY 2.3



**FLORENCE**  
**HOTEL BAGLIONI**  
Piazza dell'Unità Italiana 6  
FEBRUARY 8<sup>th</sup> - 10<sup>th</sup>, 2023

**DAY ONE** FEBRUARY 8<sup>th</sup>, 2023

**13.00 - 13.15 Welcome and presentation of the scientific programme**  
*A. Fiorillo, V. Ricca*

**Chairpersons** - *U. Albert, A. Fiorillo*

**13.15 - 14.00 Collaborative care, measurement-based care, stepped care and shared decision making: beyond the hype**  
*K. Demyttenaere*

**14.00 - 14.30 Discussion**

**14.30 - 15.15 Update on scientific projects (part I)**  
*C. Carmassi, G. Castellini, M. Di Nicola, M. Luciano*

**15.15 - 15.45 Break**

**15.45 - 16.30 Update on scientific projects (part II)**  
*G. Martinotti, A. Nivoli, A. Ventriglio, U. Volpe*

**Chairperson** - *M. Pompili*

**16.30 - 17.15 The biopsychosocial model of major depression**  
*A. Fiorillo*

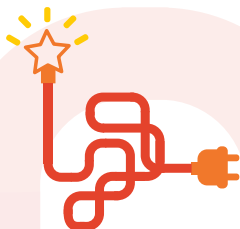
**17.15 - 17.45 Discussion**

**Chairpersons** - *G. Blasi, A. Fiorillo*

**17.45 - 18.30 Biomarkers in depression**  
*G. Maina*

**18.30 - 19.00 Discussion**

**19.00 - 19.30 Conclusions**  
*A. Fiorillo*



**DAY TWO** FEBRUARY 9<sup>th</sup>, 2023  
MORNING



**Chairpersons** - *A. Fiorillo, G. Martinotti*

**09.00 - 09.45 Phenomenology of depression**

*G. Stanghellini*

**09.45 - 10.00 Discussion**

**10.00 - 10.20 Delphi's methods: description and application**

*A. Lico*

**10.20 - 11.00 Delphi's project: agreement on the statements**

*All*

**11.00 - 11.15 Break**

**11.15 - 12.00 Results and discussion**

**12.00 - 12.30 Delphi's methods: follow-up**

*A. Lico*

**Chairpersons** - *S. Barlati, A. Fiorillo*

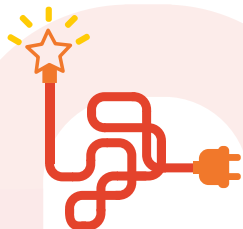
**12.30 - 13.15 Cognitive dysfunction in depression: pathophysiology, evaluation and possible treatment options**

*P. Falkai*

**13.15 - 13.45 Discussion**

**13.45 - 14.45 Lunch**





**DAY TWO** FEBRUARY 9<sup>th</sup>, 2023  
AFTERNOON

**14.45 - 15.00 Projection of the video "Mi vedete?"**

*G. Martinotti, G. Sani*

**Chairpersons** - *A. Fiorillo, G. Sani*

**15.00 - 15.45 Depression in children and adolescents: epidemiology, clinical characteristics and therapeutic implications**

*G. Masi*

**15.45 - 16.00 Discussion**

**16.00 - 16.15 Break**

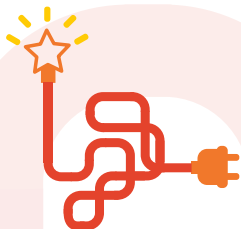
**16.15 - 17.45 Workshop**

**How to improve the management of major depression in adolescents: clinical issues, treatment options and social stigma**

**Working groups**

- ✓ **1 Diagnosis and clinical characteristics**  
**Coordinators** - *A. Aguglia, A. Amerio*
- ✓ **2 Organization of mental health services**  
**Coordinators** - *F. Bartoli, M. Luciano*
- ✓ **3 Social stigma**  
**Coordinators** - *L. Orsolini, G. Sampogna*

**17.45 - 18.30 Output from the workshop**



## DAY THREE FEBRUARY 10<sup>th</sup>, 2023



**Chairpersons** - *B. Dell'Ossso, A. Fiorillo*

**09.00 - 09.45 Clinical relevance of the right dose of antidepressant in the treatment of depression**

*A. Fagiolini*

**09.45 - 10.30 New and future therapeutic options in the treatment of major depression**

*F. Nicoletti*

**10.30 - 11.15 Discussion**

**11.15 - 11.45 Break**

**11.45 - 12.45 Use of vortioxetine in the treatment of major depression: clinical experiences**

*All*

**12.45 - 13.30 Discussion**

**13.30 - 14.00 Conclusions**

*A. Fiorillo*

## Scientific Coordinator

Andrea Fiorillo

## Chairpersons and Discussants

Umberto Albert  
Stefano Barlati  
Giuseppe Blasi  
Claudia Carmassi  
Bernardo Dell'Osso  
Marco Di Nicola  
Alessandro Lico  
Mario Luciano  
Giovanni Martinotti  
Alessandra Nivoli  
Maurizio Pompili  
Valdo Ricca  
Gabriele Sani  
Antonio Ventriglio  
Umberto Volpe

## Scientific Advisory Board for the Star Academy 2023 edition

Koen Demyttenaere  
Andrea Fagiolini  
Peter Falkai  
Andrea Fiorillo  
Giuseppe Maina

## Speakers

Koen Demyttenaere  
Andrea Fagiolini  
Peter Falkai  
Andrea Fiorillo  
Giuseppe Maina  
Gabriele Masi  
Ferdinando Nicoletti  
Giovanni Stanghellini



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